

## District Wellness Policy Triennial Assessment Report JUNE 2023

School District: Angleton ISD

Wellness Contact Name & E-mail: Dena Bryson, Health Services [dbryson@angletonisd.net](mailto:dbryson@angletonisd.net) Amy Grant, Child Nutrition [algrant@angletonisd.net](mailto:algrant@angletonisd.net)


<b>Wellness Policy Components</b> <div style="display: flex; justify-content: space-around; align-items: center;"> <span><b>Fully</b> in Place</span> <span><b>Partially</b> in Place</span> <span><b>Not</b> in Place</span> </div>	<b>Describe Actions Taken for Implementation (include supports and challenges)</b>	<b>Data Source for Monitoring</b>
<b>District Wellness Committee/Coordinated School Health Advisory Council</b>		
<b>Policy Leadership</b>		
1. The designated officer for ensuring district compliance with the wellness policy and oversight is identified. (FFA LOCAL)	Director of Student Services as noted in Local FFA Policy	Online Local Policy - FFA Local
1a. Each school has a designated wellness leader.  *Campus Principals <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Improving campus success by adding PE lead coach to assist in monitoring and meeting objective goals.	Campus principals and lead coaches
1b. Each school wellness leader monitors implementation of the wellness policy and reports compliance to the district wellness leader. *	Provide Wellness Plan to each campus principal and assessment tool. Collect data annually from campuses through use of online surveys. Work with Secondary and Elementary Curriculum Directors to ensure goals for wellness plans are compliant with TEA standards.	We currently have monitoring implementation at all of our campuses, upon this tri-annual evaluation we did not have an evaluation tool for each campus to complete. The 2023-24 school year all campuses will be required to complete annually.
<b>Public Involvement</b>		
2. Meets at least once per year to establish district wellness goals for, and to oversee, school health and safety policies and programs including development, implementation, and periodic review and update of the wellness policy.	Developed in 2022-23 district wellness plan and will annually meet with stakeholders to evaluate progress towards goals and revise as needed.	Meeting Minutes and attendance records.
3. To the extent possible, committee includes representatives of:	Continue to promote recruitment of SHAC membership – representing all campuses across the district. Promote active participation of members to attend SHAC meetings/Events.	SHAC membership roster and attendance records.
<b>Food and Beverage Availability</b>		
<ul style="list-style-type: none"> <li>Parents/Legal Guardians /Students</li> <li>District Nutrition Services / Physical Education Teachers / School Health Professionals</li> <li>Local School Board/ School Administrators</li> <li>General Public/Community Members</li> </ul>		

School Meals		
4. Pre-K to fifth graders will be provided a minimum of 30 minutes of scheduled meal time, allowing sufficient time for students to eat meals in the cafeteria.	District lunch schedules reflect 30 minutes – campus-reflection is needed to evaluate / assess student consumption time at the lunch tables to ensure adequate time has been allowed.	Individual campus lunch schedules.
Foods Sold Outside of School Meals Program (Competitive Foods and Beverages)		
5. Foods and beverages sold outside of the school meal programs (e.g., “competitive” foods and beverages) will meet the USDA Smart Snacks in School nutrition standards. (CO and FFA)	All campus fundraising representatives must complete district form and attend district in-service training.	Annual submission of all food fundraiser forms submitted and signed by CN Director.

Wellness Policy Components	Fully in Place	Partially in Place	Not in Place	Describe Actions Taken for Implementation (include supports and challenges)	Data Source for Monitoring
5a. The following venues currently comply with Smart Snacks requirements during the school day: <ul style="list-style-type: none"> <li>• School Stores</li> <li>• Vending Machines</li> <li>• Concessions</li> </ul>					Visual Monitoring of campus for compliance
5b. Although the State allows exempt fundraisers, the district does not allow exempt fundraisers. *	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	AISD complies with the 6 “exempt days” for food fundraisers – Campus Administrators will submit to Child Nutrition Director identified days	
6. Standards established for foods provided but not sold (e.g., class parties, class snacks), during the school day on school campuses.				AISD complies with current federal regulations allowing parents and teachers to provide students with parties/snacks at no cost during the school day.	
Food and Beverage Marketing					
7. Any foods and beverages marketed or promoted to students on school campuses during the school day meet or exceed the USDA Smart Snacks in School nutrition standards.				Continually monitor all campuses for marketing advertisements for food and beverage displays that reflect “Smart Snack Standards”.	
District Goals for Health & Wellness					

<b>Nutrition Promotion</b>		
8. The District’s food service staff, teachers, and other  District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.	All nutrition promotions will be communicated by positively reinforcing health and wellness.	Annual Report from Campus Wellness leaders monitoring campus nutrition messages
8a The district will participate in state sponsored programs that promote healthy life styles.	Elementary Campuses participate in the “Eat Grow Learn” program through Texas Agri-life Extension  Agent / Child Nutrition Program will participate in “Farm Fresh Challenge” sponsored by Texas Department of Agriculture	Increase number of campuses participating in “Eat Grow Learn” –  Receiving highest recognition for the “Farm Fresh Challenge”
9. The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.	Monthly lunch and breakfast menus will be posted online, including nutrition and allergy information. /  AISD will partner with The Houston Food Bank to provide access for distribution of nutritional foods and wellness items to the community on Market Days	Community Involvement at Market Days  Work with campus nurses and cafeteria managers to help assist parents with students – through initiating a district standardized food allergy form.
<b>Nutrition Education</b>		
9 The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.	Menu posted online SHAC AISD/UTMB Community Health Fair vendors	Participation at annual health fair Menu online
9a Physical Education teachers will support use of the adopted Coordinated School Health Program, Bienestar, to promote nutrition education in curriculum k-8	Inservice to review Bienestar Curriculum and planned lessons provided by Gabe Braun Lead Elementary PE	Lesson Plans and observation during instruction
9b. Wellness education including nutrition will be promoted on the high school campus through CTE	CTE offers a Culinary Arts and Health Science program for AHS students. Culinary Arts provides services for AISD events that involve the community and open their Bistro up for healthy lunches for staff.	Participation at events

Wellness Policy Components Fully  Partially  Not  in Place  in Place	Describe Actions Taken for Implementation (include supports and challenges)	Data Source for Monitoring
--	---	----------------------------

in Place		
10. Promote healthy food and beverage choices and participation in school meal programs through use of marketing and merchandising and through adherence to 100% of foods and beverages promoted to students meeting the USDA Smart Snacks in School nutrition standards.	Menu online All vending machines available to students promote healthy choices meeting standards. 100% of foods and beverages served during school hours meet the Smart Snack nutrition standards.	Vending machine options AISD menu lunch and breakfast
<b>Physical Activity</b>		
11. Schools promote and ensure varied physical activity opportunities such as before, during, and after school; staff involvement; and family and community engagement, that are in addition to, and not a substitute for, quality physical education.	Elementary campuses participate by offering gardening, running and dance clubs. Boys and Girls Club offers after school activities. Gyms and outdoor areas are used by community sports teams. Family nights are offered. AJH and AHS offer competitive UIL sports competing during and after school including practices for athletes. AHS has a marching band, cheerleading and dance.	Participation in activities.
12. Physical activity during the school day (including but not limited to recess, classroom physical activity breaks, or physical education) will not be withheld as punishment for any reason.	AISD does not support withholding physical activity for discipline.	Posted online
13. District will provide students with physical education using an age-appropriate, sequential PE curriculum consistent with national and state standards for PE.	Bienestar for K-8 Students will meet the requirement for minutes in PE each week and if pulled for speech or instruction this time will be made up during the week.	Lesson Plans and observation Student schedules
13a. Fitness testing of students occurs, using the Fitness Gram annually in the district. 	Data is collected and submitted yearly for Fitness Gram during PE classes. This individual assessment is available to parents upon request at the end of the year.	Data reported
13b. Student fitness data is used by the district and schools for instruction planning, fitness equipment, and professional development. *	PE coaches are aware of student data each year. Data can be compared year to year to support changes in instruction. New PE equipment purchases.	Fitness Gram data Purchase of new equipment
14. All students will be provided equal opportunity to participate in physical education classes. Appropriate accommodations allow for equitable participation for all students and physical education classes and equipment are adapted as necessary.	Students with restrictions in activity have accommodations made either temporarily by physician orders or permanently as needed to support their participation in physical activity safely.	Physician Orders Lesson plans
<b>Update/Inform the Public</b>		

15. Annually, the public is notified about the content and implementation of the wellness policy and any updates to the policy. The name and contact information of the designated officer is publicized with information on how the public can become involved with the wellness committee or obtain additional information on the wellness policy.	Wellness policy will be posted online for public view on the SHAC area of the district website. All officers and members of SHAC are also listed.	District Website
--	---	------------------

Wellness Policy Components Fully Partially Not in Place in Place in Place	Describe Actions Taken for Implementation (include supports and challenges)	Data Source for Monitoring
15a. The name and contact information of the designated officer is publicized. <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	District website SHAC online	SHAC area of website
15b. Information is shared on how the public can become involved with the wellness committee or obtain additional information on the wellness policy.	District website SHAC online	SHAC area of website
16. Every three years, the district develops a report that meets the following requirements: ** (PO-3)	The Triennial Wellness Plan is posted online every three years. Review of the plan is ongoing at least yearly.	SHAC area of website
16a. All schools' compliance with the district wellness policy. <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Professional Development in progress with Bienestar Curriculum review 23-24 school year – to ensure K-8 curriculum is being utilized at the campus level	Professional Development Calendar
16b. How the district policy compares with state and/or federal model wellness policies. <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> 16c. A description of progress towards attaining wellness policy goals. <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Reviewed standard templates and other policies to ensure that AISD is in alignment.  Due to the Pandemic waivers in the recent years AISD has totally revised the Wellness Plan and evaluated how we are meeting our goals moving forward.	Template used Objectives individualized  New Wellness Plan developed 22-23 and Triennial Report Completed June 2023.
16d. This report is made available to the public. <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>  17. Records will be maintained to document compliance with the requirements of the wellness policy including items 1, 2, 3, 15, and 16 above.	Posted online District website SHAC. It will be presented to the school board with an annual report.  Due to Pandemic Waivers, district is in the progress of evaluating the Wellness Plan for the 22-23 school year and is working towards improve systems for documentation	School board minutes District website

Other School Based Strategies for Wellness		
<p>18. SFAs must include, at a minimum, one goal for Other School-Based Strategies for Wellness in the LWP. SFAs must explore the use of evidenced based strategies when identifying goals. (List and report below)</p> <p>Optional Goals- Community Health and Wellness</p>		
<p>19. The District promotes wellness for students and their families at suitable district and campus activities. <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/></p>	<p>Community Health Fair Tobacco and Drug assemblies Tobacco survey</p>	<p>SHAC meeting minutes Participation in events Observation</p>
<p>19a. The District participates in a Health and Wellness fair at least once a year for the community</p>	<p>September 10, 2022 AISD/UTMB Community Health and Wellness Fair</p>	<p>SHAC meeting minutes Observation</p>
<p>19b SHAC plans and coordinates a community health fair with local health care providers that promotes community health resources.</p>	<p>AISD joined with UTMB to coordinate a community health fair. Outside vendors were used to meet the needs of the community for education, services, and health assessments.</p>	<p>Health Fair vendor list SHAC meeting minutes</p>

Wellness Policy Components			Describe Actions Taken for	Data source for monitoring
Fully	Partiall	Not	Implementation (include supports and challenges)	
in	y in	in		
Place	Place	Place		
Other Optional Goals				
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				

	
---	--

**Success/Updates from the Past Three Years: –**

After the COVID-19 pandemic, Angleton ISD has taken significant strides towards restoring normalcy on campuses, enabling us to re-emphasize our health and wellness focus with fewer restrictions. As a result, we have developed a new wellness plan that aligns with the current district SHAC goals. Looking ahead, we will have the ability to annually evaluate data progress more effectively, leading to more substantial improvements—a capability that was not attainable over the past three years.

**SCDE District Wellness Policy Triennial Assessment Report - Additional Information You Should Know**

**School districts are encouraged to use the following tools and resources to assist with completing the SCDE District Wellness Policy Triennial Assessment Report:**

- LWP STAT Webinar Series Three – Getting Ready for the Triennial Assessment: <link coming soon – will be located at <https://ed.sc.gov/districts/schools/nutrition/wellness-and-food-safety/wellness-and-food-safety/local-wellness-policies/>>
- Compilation of your district’s completed SCDE District Wellness Policy Annual Progress Reports: <https://ed.sc.gov/districts-schools/nutrition/wellness-and-food-safety/wellness-and-food-safety/local-wellness-policies/local-wellness-policy-assessment-tool/>
- Compilation of your district’s Alliance for a Healthier Generation Healthy Schools Program District Reports: <https://www.healthiergeneration.org/>

**\*Best Practices for implementing policy components**

**\*\* More information addressing item 16 of the SCDE District Wellness Policy Triennial Assessment Report**

**Tools You Can Use to Meet USDA Triennial Assessment Reporting Requirements:**

- 16 a. Schools’ Compliance with the District Wellness Policy -  
Full completion of the SCDE District Wellness Policy Triennial Assessment Report
- 16 b. How the District’s Policy Compares with State and/or Federal Model Wellness Policies -  
Completion of the SCDE LWP Checklist – <link coming soon – will be located at <https://ed.sc.gov/districts-schools/nutrition/wellness-and-food-safety/wellness-and-food-safety/local-wellness-policies/>>
- 16 c. Description of Progress towards Attaining Wellness Policy Goals -  
Full completion of the SCDE District Wellness Policy Triennial Assessment Report

**USDA’s Local Wellness Policy Triennial Assessment Questions & Answers:**

**How often must LEAs conduct assessments of schools’ compliance with the local school wellness policy?**

At a minimum, assessments must be conducted once every three years as described in 7 CFR 210.31(e); this is referred to as the triennial assessment. This assessment is separate from the Administrative Review conducted by the State agency. The local school wellness policy must be updated and in compliance with the final rule by June 30, 2017. Therefore, the first triennial assessment must be completed by June 30, 2020.

**Who is responsible for conducting the assessments?**

LEAs must designate at least one LEA or school official(s) as responsible for determining the extent to which each school under their jurisdiction is in compliance with their wellness

policies (7 CFR 210.31(e)(1)).

In addition to the official(s) identified, other stakeholders must be permitted to be involved in the review process as described in 7 CFR 210.31(d)(1). However, LEAs have discretion in how they implement this requirement since each LEA is best suited to determine the distinctive needs of the community it serves. LEAs are also encouraged to identify a wellness champion at each school that would assist with the implementation and monitoring of the policy at the school level.

### **What must be included in the triennial assessment?**

The LEA must develop a triennial assessment report that describes the extent to which its schools comply with the local school wellness policy, the extent to which the local policy aligns with model policies, and a description of progress towards attaining policy goals as described in 7 CFR 210.31(e)(2). There is local discretion on the format of the report. This report must be made available to the public (7 CFR 210.31(d)(3)).

### **What tools should LEAs use to assess implementation and compliance with the local school wellness policy?**

The LEA has the flexibility to develop tools that will assess compliance with the specific components of their local school wellness policy. Some State agencies and partner organizations have developed tools that LEAs can adapt to meet their needs. Example tools can be found at the “School Nutrition Environment and Wellness Resources” website at <https://healthymeals.fns.usda.gov/local-wellness-policy-resources/local-school-wellnesspolicy-process/assessment-needs-assessment>. In addition, the LEA must document when and how they evaluated their policy. For example, an agenda or attendance sheet could be used as documentation that the local school wellness policy was evaluated at a stakeholder meeting.

### **How often does the LEA have to update the policy?**

USDA does not specify the frequency of updates to the local school wellness policy, as the need to update will vary based on the content and structure of the policy. However, it is recommended that the policy is updated, at a minimum, after conducting the triennial assessments (7 CFR 210.31(e)(3)). LEAs are also required to annually notify the public about the content of the local school wellness policy and any updates to the policy as stated in 7 CFR 210.31(d)(2).

### **How should LEAs compare their policies to model policies?**

The responsibility for developing a local school wellness policy was placed at the LEA level so that each LEA has the flexibility to customize their own policy based on their own unique circumstances. However, at a minimum, LEAs must compare their policy against model policies during the triennial assessment (7 CFR 210.31(e)(2)(ii)). The Alliance for a Healthier Generation, in conjunction with USDA, developed a model local school wellness policy template that may be used for this comparison: [https://www.healthiergeneration.org/\\_asset/wtqdwu/14-6372\\_ModelWellnessPolicy.doc](https://www.healthiergeneration.org/_asset/wtqdwu/14-6372_ModelWellnessPolicy.doc).

### **Does the LEA need to do a triennial assessment of all the schools under its jurisdiction, or does each school do its own triennial assessment and report back to the LEA?**

The LEA is responsible for ensuring that a triennial assessment of all the schools under its jurisdiction has been conducted. The LEA may conduct the triennial assessment on behalf of each participating school under its jurisdiction or may allow each school to conduct its own assessment.